

MEDICAL HISTORY FORM (please complete in BLACK ink)
HISTORY OF PRESENT ILLNESS/INJURY

Name: _____ DOB: _____ Age: _____ Date: _____

Referred by: _____ Onset/Date of Injury: _____

 Body Part(s): _____ ☐ Right ☐ Left ☐ Bilateral (both sides)

Height: _____ Weight: _____

Did this occur suddenly or gradually? _____

Complaint: ☐ Pain ☐ Numbness ☐ Swelling ☐ Weakness ☐ Other: _____

Severity:

- ☐
- Mild
-
- ☐
- Mild/Moderate
-
- ☐
- Moderate
-
- ☐
- Moderate/Severe
-
- ☐
- Severe

Status:

- ☐
- Unchanged
-
- ☐
- Better
-
- ☐
- Fluctuating
-
- ☐
- Improving
-
- ☐
- Worse
-
- ☐
- Resolved

Frequency:

- ☐
- Intermittent
-
- ☐
- Occasional
-
- ☐
- Constant
-
- ☐
- Rare

Quality:

- ☐
- Aching
-
- ☐
- Burning
-
- ☐
- Dull
-
- ☐
- Sharp
-
- ☐
- Throbbing

Context: ☐ Injury ☐ Sports Injury ☐ MVA ☐ Work Injury ☐ Other _____

Are you experiencing radiating pain? ☐ Yes ☐ No If "yes", where does the pain radiate to: _____

Aggravated by:

- ☐
- Bending
-
- ☐
- Climbing Stairs
-
- ☐
- Descending Stairs
-
- ☐
- Lifting
-
- ☐
- Movement
-
- ☐
- Pushing
-
- ☐
- Sitting
-
- ☐
- Standing
-
- ☐
- Walking
-
- ☐
- Other: _____

Relieved by:

- ☐
- Brace/Splint
-
- ☐
- Elevation
-
- ☐
- Exercise
-
- ☐
- Heat
-
- ☐
- Ice
-
- ☐
- Injection
-
- ☐
- Massage
-
- ☐
- Pain/Rx Meds: _____
-
- ☐
- Mobility
-
- ☐
- OTC Meds: _____
-
- ☐
- PT
-
- ☐
- Rest
-
- ☐
- Stretching
-
- ☐
- Other: _____

Associated Symptoms/Pertinent Negatives:

- | | |
|---|---|
| ☐ Bruising | ☐ Numbness |
| ☐ Crepitus (cracking sounds) | ☐ Popping |
| ☐ Decreased Mobility | ☐ Spasms |
| ☐ Difficulty going to sleep | ☐ Swelling |
| ☐ Instability | ☐ Tingling in the arms |
| ☐ Limping | ☐ Tingling in the legs |
| ☐ Locking | ☐ Tenderness |
| ☐ Night Pain | ☐ Weakness |
| ☐ Night-time awakening | ☐ Other: _____ |

 Have you had similar symptoms before? ☐ Yes ☐ No If "yes", when _____

Doctors who have treated you for this problem: _____

 Did that doctor refer you here? ☐ Yes ☐ No

Please list all diagnostic tests and treatment performed elsewhere for today's problem (please provide When/Where/What):

REVIEW OF SYSTEMS (Do you have any of the following symptoms? (Please check all that apply.))**Constitutional:**

- ☐ Fatigue
☐ Fever

Metabolic/Endocrine:

- ☐ Cold Intolerant
☐ Heat Intolerant

Neurological:

- ☐ Seizure
☐ Dizziness
☐ Poor Coordination

Immunological:

- ☐ Environment Allergies
☐ Food Allergies

HEENT:

- ☐ Headache
☐ Vision Loss

Hematologic/Blood:

- ☐ Bleeding

Respiratory:

- ☐ Cough
☐ Dyspnea (shortness of breath)

Cardiovascular:

- ☐ Chest Pain
☐ Cyanosis (blue coloration of skin)
☐ Irregular Heartbeats/Palpitations

Integumentary/Skin:

- ☐ Rash
☐ Lesion/Wound

Gastrointestinal:

- ☐ Constipation
☐ Diarrhea
☐ Nausea
☐ Vomiting

Genitourinary:

- ☐ Dysuria (painful urination)
☐ Hematuria (blood in the urine)

☐ None of the above

Current Medications: ☐ NONE ☐ List attached

Allergies/Reactions: ☐ NONE

_____/_____
_____/_____
_____/_____

Do you have a history of infection with a bacteria called MRSA? ☐ Yes ☐ No Date treated: _____

PATIENT'S MEDICAL HISTORY (Please check all that apply)

- | | | | |
|---|---|---|---|
| ☐ Alcoholism | ☐ COPD (Emphysema) | ☐ Hypertension | ☐ Parkinson Disease |
| ☐ Alzheimers | ☐ Coronary Artery Disease | ☐ Inflammatory Bowel Disease | ☐ Peptic Ulcer Disease |
| ☐ Anemia | ☐ Crohn's Disease | ☐ Juvenile Rheumatoid Arthritis | ☐ Psoriasis |
| ☐ Angina | ☐ Degenerative Joint Disease | ☐ Kidney Disease | ☐ PVD |
| ☐ Arthritis | ☐ Depression | ☐ Liver Disease | ☐ Renal Disease |
| ☐ Asthma | ☐ Diabetes | ☐ Lyme Disease | ☐ Rheumatoid Arthritis |
| ☐ Atrial Fibrillation | ☐ Drug Abuse | ☐ Migraine Headaches | ☐ Scoliosis |
| ☐ Benign Prostatic Hypertrophy | ☐ DVT (Blood Clot) | ☐ Multiple Sclerosis | ☐ Seizure Disorder |
| ☐ Cancer | ☐ Fibromyalgia | ☐ Myocardial Infarction (heart attack) | ☐ Sleep Apnea |
| ☐ Cerebrovascular | ☐ Gallbladder Disease | ☐ Obesity | ☐ SLE (Lupus) |
| Accident (Stroke) | ☐ GERD | ☐ Osteoarthritis | ☐ Spinal Stenosis |
| ☐ Congestive Heart Failure (CHF) | ☐ Gout | ☐ Osteoporosis | ☐ Thyroid Disease |
| | ☐ Hepatitis | | ☐ Valvular Disease |
| | ☐ Hyperlipidemia | | ☐ None |
| | | | ☐ Other: |

PAST SURGICAL HISTORY ☐ No Prior Surgery

Operation (please verify what side of the body when necessary)

DATE

PATIENT'S FAMILY HISTORY

Heart Disease ☐ Yes ☐ No

Cancer ☐ Yes ☐ No

Diabetes ☐ Yes ☐ No

Rheumatologic/Gout Disorders ☐ Yes ☐ No

Bleeding Disorders ☐ Yes ☐ No

History of Blood Clots ☐ Yes ☐ No

Family history of chronic/inherited diseases: _____

Is your father living ☐ Yes ☐ No | **Is your mother living** ☐ Yes ☐ No

If no, cause of death(s) : _____

PATIENT'S SOCIAL HISTORY

Tobacco Use: ☐ Yes ☐ No ☐ Former/Year Quit _____

Consume Alcohol: ☐ Yes ☐ No ☐ Former/Year Quit _____

Substance Abuse: ☐ Yes ☐ No ☐ Former/Year Quit _____

Activity Level: ☐ Sedentary ☐ Moderate ☐ Vigorous

Type of Exercise: _____

Hand Dominance: ☐ Left ☐ Right ☐ Ambidextrous

Occupation: _____ **Employment Status:** ☐ Full Time ☐ Part Time ☐ Unemployed ☐ Unable to work ☐ Light Duty

Date: _____ **Signature of Patient, Parent, or Guardian:** _____

Date: _____ **Reviewing Physician Signature:** _____